

Chocolate Chip Cookies

Recipe by: Laura Bench

Category: Dessert

Servings: 12 cookies



Ingredients

12 dates, soaked for 2 hours, then drained and chopped very finely
2 egg yolks
2 TB organic coconut oil, liquefied
 $\frac{3}{4}$ cup almond flour (or grind almonds in a blender till it's a flour consistency)
2 pinches salt
 $\frac{1}{4}$ cup dark chocolate chips
 $\frac{1}{2}$ tsp vanilla extract

Instructions

1. Preheat oven to 350° F.
 2. Combine all ingredients in a bowl and stir well.
 3. Drop spoonful's of batter onto a parchment paper-lined or greased cookie sheet.
 4. Bake at 350° F for 12-14 minutes. (I like mine soft, so I did 12 minutes)
 5. Allow cookies to cool on a wire rack.
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Nutrition Info Per Serving: 1 cookie

Calories: 118

Total Fat: 8g

Carbs: 9.8g

Protein: 1.8g