

Mint Chocolate Chip Cookies

Prep Time	Cook Time	Total Time
50-60 mins	12-13 mins	1 hr 12 mins

Recipe by: Laura Bench

Category: Dessert

Servings: 8 cookies



Ingredients

¼ tsp peppermint or mint extract (if you don't use this, then these will be regular chocolate chip cookies)
2/3 large banana, mashed
Pinch of salt
2-3 pinches pure stevia extract powder (or to taste)
1 TB chia seeds
1/3 cup almond flour (or grind almonds in a blender till it's a flour consistency)
2 TB dark chocolate chips

Instructions

1. Preheat oven to 350° F.
2. Combine all ingredients except the almond flour and chocolate chips in a bowl.
3. Let sit for 45-60 minutes on the counter.
4. Add in almond flour and chocolate chips into the bowl and stir until well combined.
5. Drop spoonful's of batter onto a parchment paper-lined or greased cookie sheet.
6. Bake at 350° F for 12-13 minutes. Allow cookies to cool on a wire rack.

Nutrition Info

Per Serving: 1 cookie

Calories: 68

Total Fat: 3.9g

Carbs: 6.7g

Protein: 1.5g